



Bournemouth Jubilee Wheelers presents.

42km Sporting Time trial for Road Bikes & TT Bikes

To be held on Sunday 21st April 2024 9am on course P454 East Stoke - Wool - Lulworth Circuit - Course record tt bike 57:32 Dave Pickering BJW 21/06/2009 road bike 1.00.30 Jamie Whitcher Bournemouth Cycleworks – Vitec Fire - Ford Civil - Trek 2/4/23.

“Promoted for and on behalf of Cycling Time trials under their Rules and Regulations”.

Start Sheet

Awards Road Bikes

Open 1st £20, 2nd £15, 3rd £10 1st Spindata £10 2nd Spindata £5

Female 1st £20, 2nd £15, 3rd £10 1st Spindata £10 2nd Spindata £5

Junior 1st £15

Awards TT Bikes

Open 1st £20, 2nd £15, 3rd £10 1st Spindata £10 2nd Spindata £5

Prizes will be awarded at the event.

Event Secretary/Promoter

John O’Brien

15 Newton Rise

Swanage

Dorset BH19 2QP

07979 062514 jk.obrien@yahoo.com

Timekeepers: Start Kevin Ridge Finish Ros Spencer (Poole Wheelers),

Recorder Bev Wadsley (Poole Wheelers), Number Checkers: Laurie King (Poole Wheelers) &

Bob Richardson -live “ResultSheet” updates

Marshalls, Stewards and helper’s - members and friends of the Bournemouth Jubilee Wheelers.

HQ

Durbeville Centre, Village Hall Colliers Lane Wool BH20 6DL

Parking is at the village hall and extra parking at the GP Surgery. If parking in Colliers Road please don’t warm up on a turbo trainer.

Race Numbers will be at the event HQ and will be issued to riders once they have signed in.

Please remember new) regulation 17(b) requirement to sign off when returning your race number. A rider who fails to sign the official signing out sheet shall be recorded as DNF.

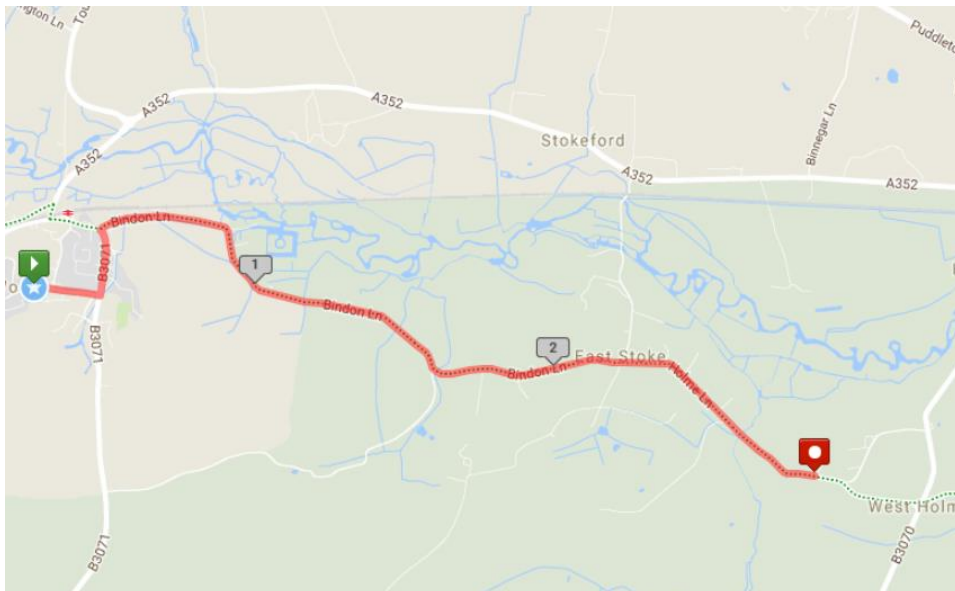
Thank you for entering the BJW 42km Sporting time trial. (a 10mile single lap version of this course was used for National 10tt championships in September 21) This is a sporting course circuit on usually quiet roads set near the Jurassic coast that has a bit of everything climbs, descents, technical minor roads, a sense of déjà vue and occasional gun fire across the tank ranges. The course is approximately 2 & 1/3 laps of the circuit, you will go through the finish area 3 times during the race the 3rd time you cross the line you have **finished**.

Refreshments (cakes provided by "The Cowshed" Lytchett Minster Dorset) will be available for a for a small donation (**cash**) at the HQ. Live "ResultSheet" updates should be available.

To the Start

The start is just under 3 miles from the HQ please allow 15 minutes for this (this could be part of your warmup). Be aware of other riders who may be racing on the course.

Turn left out of HQ at the end of Colliers Road turn left at bend out of Wool turn right along minor road (Bindon Lane) to start.



Course Description START by concrete area on South side of unclassified road (Wool - East Holme) opposite S bend sign 2.5m east of Wool. Proceed west to Wool where fork left onto B3071 (**care**). Then south on B3071 to West Lulworth where turn left onto B3070 (**care**) and proceed through East Lulworth(**care**) towards Wareham to turn left onto unclassified road towards Wool. Continue past the start and repeat the circuit. After two laps proceed past the start to Wool where again fork left onto B3071 to FINISH opposite wooden signpost just before road on left signposted to Combe Keynes

Notes: On the day Beware of the road surface/potholes due to the recent poor wet weather. The Holmebridge level crossing maybe be closed (B3070 near A352) with a local diversion in place. **No turning** in road(B3071) after finishing take left turn for Coombe Keynes and turn carefully before returning to HQ.

Take extra care at the left-hand turn (Burngate Cross/Lulworth Camp) on to B3071 after descent and sharp left-hand bend at East Lulworth (by "The Weld Arms") and proceeding through Wool through traffic restrictions near shop/pub.



All riders must have a working front & rear light, either flashing or constant fitted to their machine visible to road users and active when in use.

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078. It is the responsibility of the rider to:

Select a helmet that offers protection against head injury and does not restrict the rider's vision or hearing. (b) Ensure that the helmet is properly fitted, is undamaged and in good condition.

If you are under 18 please bring a printed and signed CTT Parental Consent Form

Road Bike Category Rules

1. No aerobars, clip on aerobars or aero extensions can be used
2. Hands must be holding the handlebars at all times whilst racing (ie. not with forearms resting on the handlebar)
3. Wheels may have no more than 90mm depth and must have at least 12 spokes
4. Helmets must have no visor
5. Ears must not be covered by the helmet in addition, the use of a "Giro Aerohead" type helmet will not be permitted.

bib	start_time	firstname	lastname	machine	club	classific	category
1	09:01:00	Eamonn	Deane	Road Bike	Bournemouth Jubilee Whs	Open	Veteran
2	09:02:00	Simon	Berogna	TT Bike	Velo Club St Raphael	Open	Veteran
3	09:03:00	Bob	Richardson	Road Bike	Bournemouth Jubilee Whs	Open	Veteran
4	09:04:00	Matt	Stanbury	TT Bike	Poole Wheelers Cycling Club	Open	Senior
5	09:05:00	Rebecca	Hughes	Road Bike	Poole Wheelers Cycling Club	Female	Veteran
6	09:06:00	Patrick	Dunn	Road Bike	CC Weymouth	Open	Veteran
7	09:07:00	Brett	Wheeler	Road Bike	Poole Wheelers Cycling Club	Open	Senior
8	09:08:00	Iain	Binsley	TT Bike	Poole Wheelers Cycling Club	Open	Veteran
9	09:09:00	Nicola	McAlister	Road Bike	Poole Wheelers Cycling Club	Female	Senior
10	09:10:00	Gary	Francis	TT Bike	Wincanton Wheelers	Open	Veteran
11	09:11:00	George	Mahon	Road Bike	Poole Wheelers Cycling Club	Open	Junior
12	09:12:00	William	Simmons	Road Bike	Christchurch Bicycle Club	Open	Veteran
13	09:13:00	Laura	Richardson	Road Bike	Poole Wheelers Cycling Club	Female	Veteran
14	09:14:00	Laura	Daly	Road Bike	FTP (Fulfil The Potential) Race Team	Female	Senior
15	09:15:00	Emma	Caplan	Road Bike	Zoom Triathlon Club	Female	Veteran
16	09:16:00	Terry	Belbin	TT Bike	Poole Wheelers Cycling Club	Open	Veteran
17	09:17:00	Naomi	Shinkins	Road Bike	Bournemouth Jubilee Whs	Female	Veteran
18	10:18:00	Ben	Ansell	Road Bike	Poole Wheelers Cycling Club	Open	Veteran
19	09:19:00	Sien	Van Der Plank	Road Bike	New Forest CC	Female	Senior
20	09:20:00	Gary	Chiverton	TT Bike	Bournemouth Jubilee Whs	Open	Veteran
21	09:21:00	James	Rowat	Road Bike	Poole Wheelers Cycling Club	Open	Veteran
22	09:22:00	Rupert	Silman	TT Bike	Bournemouth Jubilee Whs	Open	Veteran
23	09:23:00	Michael	Naulls	Road Bike	Velo Club Venta	Open	Veteran
24	09:24:00	Martin	Beale	TT Bike	Velo Club St Raphael	Open	Veteran
25	09:25:00	Vincent	Hounsome	TT Bike	Gillingham and District Wheelers / Wheels Cycles	Open	Veteran
26	09:26:00	Stuart	Thompson	Road Bike	Velo Club St Raphael	Open	Veteran
27	09:27:00	Malcolm	Cox	Road Bike	Velo Club St Raphael	Open	Veteran
28	09:28:00	Alasdair	Hitchen	Road Bike	Poole Wheelers Cycling Club	Open	Senior
29	09:29:00	Rufus	King	Road Bike	Poole Wheelers Cycling Club	Open	Junior
30	09:30:00	Patrick	Mahon	TT Bike	Poole Wheelers Cycling Club	Open	Veteran
31	09:31:00	Stuart	Peckham	Road Bike	Velo Club St Raphael	Open	Veteran
32	09:32:00	Nathan	Willmington	Road Bike	CC Weymouth	Open	Veteran
33	09:33:00	James	Horton	Road Bike	Wessex Road Club	Open	Veteran
34	09:34:00	Tom	Nancarrow	Road Bike	Poole Wheelers Cycling Club	Open	Senior
35	09:35:00	Tim	Flynn	Road Bike	Poole Wheelers Cycling Club	Open	Senior
36	09:36:00	Larry	Wiltshire	Road Bike	Chichester City Riders	Open	Veteran
37	09:37:00	Elliott	Colyer	Road Bike	University of Exeter Cycling Club	Open	Espoir
38	09:38:00	Howard	Bayley	Road Bike	...a3crg	Open	Veteran
39	09:39:00	Samuel	Wadsley	Road Bike	Poole Wheelers Cycling Club	Open	Senior